Diabetes in School, Camps, Scholarships, and CDN

Emily Feiten, PA
Greenwood Pediatrics
Camp Colorado Medical Coordinator

G. Todd Alonso, MD
Barbara Davis Center
Camp Colorado Medical Director

Diabetes in schools

- Colorado Kids with Diabetes Care and Prevention Collaborative
  - Launched in 2005
  - Assure quality care and safety for children with diabetes in the school community
  - Groups represented:
    - American Diabetes Association
    - Colorado Association of School Nurses
    - Colorado Department of Education
    - Colorado Department of Health and Environment
    - Healthcare providers
    - Parents of children with T1D

www.coloradokidswithdiabetes.org

Diabetes in schools

- Statewide guidelines for safe management of children with diabetes in schools.
  - Communication
  - Blood glucose monitoring
  - Hypoglycemia management
  - Hyperglycemia management
  - Exercise
  - Technology
  - Self-care

Diabetes in schools

- Family Toolkit
  - FAQ
  - First School Meeting guide
  - 504 sample
  - Emergency cards
  - Field trip considerations
  - Parties and snacks

www.coloradokidswithdiabetes.org
Diabetes in schools

• Tips from the healthcare provider
  • Build a good partnership with the school.
  • Request healthcare provider orders online before August.
  • Speak to your diabetes provider or nurse about any communication difficulties with the school.

What is CDN?

The College Diabetes Network (CDN) is a 501(c)(3) nonprofit organization whose mission is singularly focused on providing young adults with T1D the peer connections they value, and expert resources they need, to manage the challenging transition to independence at college and beyond successfully.

As an organization, CDN:

• Understands the barriers faced by the transitioning young adult population and has the tools and direction to assist young adults in overcoming these barriers.
• Advocates on behalf of young adults with T1D, leveraging a reputation of excellence and collaborative strategic alliances to ensure our members’ voices are heard across the sector.
• Creates an environment rich with opportunities for passionate young leaders to pursue inspiring careers in the diabetes sector.

Chapter Network

CDN CHAPTERS

Over 115 affiliated Chapters nationwide and growing!
Chapter are student-led and supported by CDN National office

CHAPTERS ALLOW STUDENTS TO:

• Connect with peers who “get it.”
• Learn about new diabetes technology
• Share tips for managing diabetes on campus
• Get involved with outreach and advocacy
• Have friends to rely on!

Check out our website to find your local Chapter!
Off to College Program
Moving from home to college can be overwhelming for students with diabetes, as well as their families. CDN has compiled booklets with information for students and parents to help make that transition a little easier.

Topics Include:
- Common challenges to expect on campus
- Family communication agreements
- Finding a new doctor
- Registering for accommodations
- Managing sick days
- Talking with friends and roommates
- Emotional wellbeing
- Drinking with diabetes
- Entering the working world
- Technology on campus

Off to Work
About to graduate college and looking for a job? Beginning your career as a young adult with diabetes? CDN’s "Off to Work Guide" is for you.

Topics Include:
- Workplace rights
- Preparing to enter the workforce
- On the job tips
- Navigating Insurance
- Financial planning

The CDN "Off to Work Guide" will be available in spring 2018!

Young Adult Diagnosis
Young adults newly diagnosed with type 1 diabetes need tailored support. "You’ve Got This!" is a guide that covers everything from:
- T1D basics
- Mental health
- Health insurance
- Travel
- Pumps and CGMs
- Relationships
- And more!

Download for free at www.collegediabetesnetwork.org/newdx!

Questions?
STAY CONNECTED!
WEBSITE: www.collegediabetesnetwork.org
FACEBOOK: THE COLLEGE DIABETES NETWORK
TWITTER: @COLLEGEDIABETES
INSTAGRAM: @COLLEGEDIABETES
EMAIL: INFO@COLLEGEDIABETESNETWORK.ORG
REQUEST MATERIALS: WWW.COLLEGEDIABETESNETWORK.ORG/MATERIALS
Diabetes scholarships

• Visit the CDN website!
  • Over 20 scholarships listed
  • www.collegescholarships.org

Why diabetes camps?

• A safe experience
• Diabetes is “normal”
• Fosters independence and self-confidence
• Expands children’s knowledge of diabetes
• You get a break from diabetes!

Diabetes Camps in Colorado

• Day Camps:
  • Camp Sweet Pea: June 14-16, Loveland, Ages 5-17
  • Camp Dx: June 18-22, Denver, Ages 5-17
  • Camp Kick Start: July 26-28, CO Springs, Ages 5-17

• Overnight Camp:
  • Camp Colorado: July 1-6, Woodland Park, Ages 9-17

How do you keep my child safe at camp?
Professional camp staff

100 volunteers

Time for discussion