

EMPOWERING PATIENTS FOR INDIVIDUALIZED CARE

May 3rd, 2025: Aurora, CO



CONFERENCE SCHEDULE*

Conference 2025 Theme: Mind, Body, and Soul

8:00 – 9:00am

Registration

9:00 – 9:05am

Welcome – Erin Cobry, MD and Halis Kaan Akturk, MD

(main auditorium, room L28-1102)

Session 1

9:05 – 9:40am

Diabetes Technology Updates

Speakers: Greg Forlenza, MD

Moderator: Erin Cobry, MD

9:40 – 9:50am

Break

Session 2

9:50 – 10:25am

Split Sessions

CHOOSE ONE	
Women's Health	
Women's Health Throughout the Lifespan (Room P28-2104) Speakers: Sarit Polsky, MD, MPH Moderator: Lauren Waterman, MD	Role of the Family, Friends, and Support Systems for People with Diabetes (Room P28-2303) Speakers: Ellen Fay, LCSW, CDCES Moderator: Christie Beatson, RD, CDCES

10:25 – 10:35am

Break

Session 3

10:35 – 11:15am

Insulin Resistance and Weight

CHOOSE ONE	
ADULT SESSION	PEDIATRIC SESSION
(Room P28-2104) Speakers: Christie Beatson, RD, CDCES Moderator: Halis K Akturk, MD	(Room P28-2303) Speakers: Lauren Waterman, MD Moderator: Gail Spiegel RD, CDCES

11:15am – 12:00pm

Sound Bath, Youth session/activities (art project, girl scout diabetes detective), exhibits, exhibit bingo, other activities

12:00 – 1:00pm

Lunch break and Exhibits, Meet the Professors (bridge area; Rm. L28-2001)

Session 4

(main auditorium, room L28-1102)

1:00 – 1:35pm

Exercise Management in Diabetes

Speakers: Dessi Zaharieva, PhD

Moderator: Christopher Schaaf, PhD

1:35-1:45pm

Break

Session 5

1:45 – 2:20pm

Updates On a Cure For Diabetes

Speaker: Christopher Schaaf, PhD

Moderator: Dessi Zaharieva, PhD

2:20 – 2:25pm

Closure: Erin Cobry, MD and Halis Kaan Akturk, MD

2:25 – 3:00pm

Visit Exhibits, Socialize (bridge area; Rm. L28-2001)

All session durations include discussion and Q and A

* no CME accreditation / Program subject to change